

2019 Training Conference

South Carolina
foster parent
Association

APRIL 5-6th, 2019



KNOWLEDGE

+ RESOURCES

= EMPOWERMENT



KNOWLEDGE

Facts, information, awareness and/or understanding acquired through education or experience.

+ RESOURCES

A supply of materials or other assets from which a person may draw in order to function effectively. Also described as an action or strategy which may be adopted in adverse circumstances.

= EMPOWERMENT

The process of becoming stronger and more confident, especially in controlling one's life and claiming one's rights.

Foster Parents have knowledge.

As foster parents, we very quickly develop an extraordinary ability to gather facts and information. Almost immediately, real life experiences provide awareness and an opportunity to develop a deep understanding of the children we serve and the trauma they have experienced.

Foster Parents utilize resources.

When foster families surround themselves with other foster families, we are able to draw from a vast array of experiences, incidents and outcomes that allow us to effectively serve the needs of the child(ren) placed in our homes. Participating in ongoing training on topics about which the average person is unaware, we equip ourselves to be able to strategize and take action in adverse circumstances.

Foster Parents are Empowered.

Foster parents who combine knowledge gained, with resources available are strong and confident advocates for children; providing safety and security while relentlessly striving to obtain services and therapies to help rid them of past traumas and give them a chance for a future. It's what we do.

1. Resources 101

This workshop is an overview and description of community resources available for children with disabilities and/or special healthcare needs in South Carolina. Families and providers who attend will have a better understanding of the available resources to assist the children they serve.

Amy A. Holbert, LISW-CP, MSW Chief Executive Officer at Family Connection of South Carolina

2. Helping Foster Parents and Children Deal with Sexual Assault

Many foster children have experienced unhealthy views around relationships and have experienced sexual assault. This session will help guide foster parents on signs to look for, what to say, and good things to know.

Kristin Dickson Inclusive Access Project Coordinator, Sexual Trauma Services of the Midlands

3. Connection of Child Maltreatment and Juvenile Justice

This training aims to educate participants about SC's juvenile justice system, the harmful yet unintended consequences for youth in that system, and better strategies when engaging youth.

Stephen Scoff, LISW; Children's Law Center's Juvenile Justice Program Manager; Lew Rogers, MA; Children's Law Center's Juvenile Justice Program Coordinator; Erik Drylie, JD; Children's Law Center's Juvenile Justice Resource Attorney

4. American Heart Association Heartsaver CPR AED Course-Part 1

Designed to prepare participants to provide cardiopulmonary resuscitation (CPR) and automated external defibrillator (AED) use in a safe, timely, and effective manner. You will learn skills on how to provide high-quality CPR, use and AED and when and how to help a choking person. These skills will be taught on adult, infant and child manikins. You must attend both Part 1 and Part 2 to receive credit.

Lois Hasan, APRN and Deborah Brown, RN, BSN, CPN Certified CPR Instructors, American Heart Association

5. Children's Advocacy Centers and Resiliency

It is crucial that professionals, including foster parents, who work with CACs recognize the impact of working in the field of child abuse, including burnout, compassion fatigue, vicarious trauma and secondary traumatic stress. After a brief overview of the CAC/MDT model and how to access CAC services, this session will help participants understand the five core elements of resiliency: personal perspective and meaning, a sense of hope, healthy coping, strong relationships, and self-knowledge & insight. Attendees will leave the training with an action plan for building their capacity for resilience in one of the core elements.

Thomas Knapp, Executive Director, South Carolina Network of Children's Advocacy Centers and Liz Zarkowski, MS Program Director, South Carolina Network of Children's Advocacy Centers

6. Navigating the Child Welfare System: Support for Foster Parents and Kinship Foster Parents

This workshop addresses how foster parents and kinship foster parents are critical and vital partners in the child welfare system. By the end of the workshop caregivers will have a specific understanding of the child welfare system. The child welfare system is inclusive of the Department of Social Services, and includes the mental health counselors, educators and the legal system. It is also important to understand each critical partner's roles and responsibilities.

Mary Williams, BA, JD

7. Who is Preying on our Children?

Do you want to know what Human Trafficking looks like in South Carolina? How to protect your children from predators? This workshop will cover how predators reach our children through social media and online; and security measures that you can take, like using filters, online alerts and other protective measures. A case study will be used to help participants identify, who is the trafficker, who is the victim, who the buyers are and what they can be charged with.

Laurie Pineda, Director of Specialized Foster and Heidi Jackson, Richland County Sherriff's Department

8. Federation of Families of South Carolina

This workshop is an overview of the services and trainings that Federation of Families of South Carolina provides for families and youth. Parenting styles and their impact on children will also be discussed during this workshop.

Pheobe S. Malloy, Ed.S., Outreach Specialist

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17. Voice Control

This workshop will consist of verbal de-escalation strategies that can be used with children or adults to help decrease negative behaviors. Travis Durham, MSW, EdS has worked as a school social worker, school administrator, district administrator and mental health supervisor.

18. What Do I Need to Know:

The care and nurture of sexually assaulted and traumatized children

In this workshop, participants will learn the difference between behaviors in typical development and concerning sexual behaviors in children; the spiritual care needs of abused children; and how to ensure a safe and secure environment for traumatized children to thrive.

Rev. Carrie Walker Nettles, MDiv, VSP

19. A Walk Through the Milestones

Participants will be immersed in interactive experience where they will identify typical developmental and “red flag” indicators through use of the Center for Disease Control and Prevention’s *Learn the Signs. Act Early.* materials. The importance of developmental monitoring, developmental screening, and connection to early interventions will be highlighted, as well as how *Help Me Grow SC* can support families in select counties. This session will focus on early childhood (birth through five years).

*Lorraine Cragan-Sullivan, LMSW, MA, NCC, Program Coordinator,
Upstate Outreach, Help Me Grow South Carolina*

20. Behavior Management Plan for Children ages 6 to 14 with ADHD & Emotional Problems

This workshop provides parents with a daily Behavior Modification plan that will help decrease negative behaviors and help change them into positive ones. The system is simple, comprehensive and outcome effective. Managing the negative behaviors of a child with ADHD or emotional problems often seems like an overwhelming and daunting task; however, such behaviors can be managed effectively with a good plan in place. When you have completed the workshop, you will have a Behavior Plan to take with you and begin implementing in your family with your child immediately.

Lynn Morton Epps, LISW-CP

21. Trauma-What it does to our Children

Defining trauma and how it affects children in foster care. Foster parents will learn about trauma and adverse childhood experiences as well as the behaviors associated with childhood trauma.

Sarah Wise, LISW-CP

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23. Assessing for Safety and Out of Home Investigations

This workshop explains how foster parents can assist the State Agency in meeting its requirement to ensure that children's health, safety and educational needs are met for overall wellbeing while in out-of-home placement. The agency is also required to adequately address any concerns to include appropriate safety plans that ensured the children's safety.

Mary Williams, BA, JD

24. Putting the Pieces of a Child's Life Back Together

This presentation will give participants who work with children, our most vulnerable population, tools to improve outcomes. Helping them understand trauma and how it affects them and their families' lives. Putting the pieces back together in a child's life will help cultivate a healthy and happy child.

Ebony Young, Director of Programs/ Child and Family Engagement

25. Fire and Safety 101

Everything you ever wanted to know about the dreaded Fire Inspection! This workshop will be going over fire inspection points as well as common fire hazards that are present in the average home. Smoke detectors, fire extinguishers, carbon monoxide detectors as well as safety and health factors involved in the home inspection will be discussed.

Assistant Chief Nathan Ellis, Office of State Fire Marshal

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35. Josh Shipp – One Caring Adult



Statistically, Josh Shipp should be dead, in jail, or homeless. But his success as a preeminent author, speaker, and global youth empowerment expert is living proof of the power of one caring adult. A former at-risk foster kid turned youth advocate, Josh is renowned for the documentary TV series on A&E that followed his groundbreaking work with youth and families.

Josh has written two national bestsellers to date, "[The Grown-Up's Guide to Teenage Humans](#)" – winner of the *Nautilus Gold Award for Parenting & Family* – and "[The Teen's Guide to World Domination](#)."

His ultimate goal is to help as many young people as possible. He trains other speakers through Youth Speaker University and his online mentoring program One Caring Adult has a world-wide reach.

HOTEL REGISTRATION

The conference will be held at Embassy Suites Golf and Conference Center in Greenville, South Carolina, 670 Verdae Blvd. (Exit Roper Mountain Road from I-385). Rooms for Friday Night*, April 5th, will be paid for by SCFPA for all SCDSS foster parents.** You may contact Embassy Suites to reserve your room beginning at 9 AM on February 15, 2019 by calling 864.676.9090.

Once Embassy Suites is full, please call Hilton Garden Inn, 108 Carolina Point Parkway, Greenville, SC 29607, at 864.284.0111. Should Hilton Garden Inn be booked, call the SCFPA office, 803.865.2020 for name of another overflow hotel. SCFPA will not be responsible for the room unless it is an approved overflow hotel.

*SCDSS Foster Parents who live more than 120 miles from Embassy Suites Golf and Conference Center may arrive on Thursday night.

**Room costs are covered for families who are licensed and managed by DSS. Room costs are not covered by SCFPA for families licensed and managed by a child placing agency.

CONFERENCE REGISTRATION

Conference registration fee is \$75.00 per person must be postmarked by March 22, 2019. Registration postmarked after March 22, 2019, and on site will be \$85.00 per person. Your registration fee covers the cost of all workshops and the Friday evening banquet. Please do not mail or fax registration to SCFPA office after March 22, 2019.

NOTE: The Awards Banquet will be held Friday, April 5, 2019 (You must wear your name tag in order to receive credit for that hour of training.)

NOTE: If you need special dietary consideration for banquet meal on Friday, April 5th, please call SCFPA office at 803.865.2020 no later than March 22, 2019.

REGISTRATION POLICY

Name tags must be worn at all times during workshop sessions and upon entrance to banquet. Your name tag will be scanned as you enter and depart each workshop (banquet-entrance only) as this is how certificates will be issued.

As a courtesy to our presenters, entry into workshops already in progress will be allowed at the discretion of the room monitors. Cell phones should be on vibrate during workshops. Training certificates will be emailed at the end of the conference; therefore, please register using an email address for which you have access and check regularly.

NOTE: If you do not have your name tag scanned when exiting a workshop, you will not receive credit for attending.

WORKSHOP SELECTION

Workshops 1-8 will be presented Friday, April 5th at 9:00AM.
Workshops 9-16 will be presented Friday, April 5th at 10:45AM.
Please choose **one** workshop for 9AM session and **one** workshop for 10:45AM session with an alternate selection for each.

Workshop	1st Choice	2nd Choice
Friday, 9:00 AM	# _____	# _____
Friday, 10:45 AM	# _____	# _____

Workshops 17-26 will be presented Friday, April 5th at 2:00PM. Workshops 26-34 will be presented Friday, April 5th at 3:45PM. Please choose **one** workshop for 2:00PM session and **one** workshop for 3:45PM session with an alternate selection for each.

Workshop	1st Choice	2nd Choice
Friday, 2:00 PM	# _____	# _____
Friday, 3:45 PM	# _____	# _____

Workshop 35 will be presented Saturday, April 6th at 9:00AM

If you wish to pay by check with your registration, please mark workshop selections above, tear off this registration form and return with your registration fee of \$75 per person. Please make checks payable to SCFPA and send to PO Box 39, Elgin, SC 29045. If you wish to register online, you must submit payment at time of registration. Online registration may be found at scfpa.com.

Name: _____

Address: _____

County: _____ Phone: _____

Email: _____

Please check ONE of the following:

DSS Foster Parent Other Agency Foster Parent Agency Worker

For more information, call Carl or Mary Brown @ 1-803-865-2020

South Carolina Department of Social Services
Office of Children & Family Services
Substitute Care Unit
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Columbia, SC 29202

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