



# ***Don't Flip Your Lid!***

## **Conflict Resolution for Families**

***Four-session workshop based on the  
nationally-recognized  
Positive Discipline Curriculum***



Holding on to your thinking cap isn't always easy when parenting. In this interactive class, learn about the brain's emotional hard wiring so you can decrease personal stress overloads. Equip the whole family with tools that push the reset button and teach healthy communication habits and self-calming skills.

### **Workshop will be held at The Pediatric TEAM Center**

1807 E. Main Street  
Easley, SC 29640

10:00 am – 12:00 pm

Tuesday, March 2 \* Tuesday, March 9 \* Tuesday, March 16 \* Tuesday, March 23  
*Snacks will be provided. Participants should attend all 4 sessions.*

***To register, call 864-442-7482  
Class size is limited, so register early.***

***Sponsored by The Pediatric TEAM Center and PRIDE***

